| Shot No | Scene Description                 | TC In    | TC Out   | Audio        |
|---------|-----------------------------------|----------|----------|--------------|
| 1       | TMCR<br>Today's More Choice Radio | 0        | 2.27     | Lola's Theme |
| 2       | 95.3 FM for NE Doncaster          | 2.28     | 4.48     | Lola's Theme |
| 3       | Bridge Centre, Thorne             | 4.49     | 7.24     | Lola's Theme |
| 4       | Outside Studio to Sign            | 7.25     | 13.29    | Lola's Theme |
| 5       | Door to Photo                     | 13.3     | 36.39    | Lola's Theme |
| 6       | Hold Shot on my photo             | 36.4     | 38.16    | Lola's Theme |
| 7       | Photo to Studio door              | 38.17    | 42.34    | Lola's Theme |
| 8       | The Home of JO Breakfast          | 42.35    | 45.09    | Lola's Theme |
| 9       | CD's plus Gold Discs              | 45.1     | 48.36    | Lola's Theme |
| 10      | Gold Discs plus studio door       | 48.37    | 54.22    | Lola's Theme |
| 11      | Pan shot left to right            | 54.23    | 01:04.39 | Lola's Theme |
| 12      | Pan shot right to left to desk    | 01:04.40 | 01:37.18 | Lola's Theme |
| 13      | Telephone/Text/Email              | 01:37.19 | 01:40.24 | Lola's Theme |
| 14      | Introducing next song             | 01:40:25 | 02:38.05 | Lola's Theme |
| 15      | Closing title – TMCR              | 02.38.06 | 02:53.40 | Lola's Theme |
| 16      | Serving the NE Doncaster          | 02.53.41 | 03:07.46 | Lola's Theme |
| 17      | TMCR logo                         | 03:07.47 | 03:23.49 | Lola's Theme |